

THURSDAY MENU

The Exchange • May 5, 2022

BREAKFAST BUFFET (8-9am)

Assorted Scones *blueberry, cranberry orange*

Berry Centric Fruit Medley *with mint vinaigrette* (Vegan)

Build Your Own Oatmeal Bar *with assorted fruits, nuts, and other toppings*

Fresh Bagels with Cream Cheese (Vegan option)

Summer Fruit Yogurt Parfait *berries, cinnamon roasted almonds, honey granola*

Vegan Vanilla Yogurt

Cheesy Scrambled Eggs

Southwest Tofu Scramble *roasted red pepper, red onion, kale, salsa* (Vegan | GF)

Golden Breakfast Potatoes *onions, bell peppers* (Vegan)

Maple Sausage Links

Caramelized Bacon

Decaf and Regular Coffee, Tea, Hot Chocolate

Orange, Grapefruit, and Cranberry Juices

MORNING BREAK (10am)

Grab and Go

Sea Salt and Rosemary Mixed Nuts, Fresh Fruit Medley, Trail Mix

BEVERAGES

Self-serve beverage station available throughout the day
includes coffee, tea, hot chocolate, soft beverages

Milk Options: 2 %, skim, and almond milk